

The 8th Annual

SPATOLA

2026 Winter International

BOYS & GIRLS

WRESTLING CAMP

COACH NICK

Founder of Spatola Wrestling since 2001
3x OHSAA State Placer
Ohio All Star Team Member
Cadet & Junior National Team Member
Indiana University NCAA D1 Wrestler
Bachelor of Arts in Education

SPATOLA

Dec. 19 - 22
@ St. Mary's
Register by
Nov. 30 for a
discount!
Registration
Deadline: Dec. 17

Canadian Women's Wrestling National Champion
3x Pan-Am Championship Medalist
2025 Canadian World Team Member
Sacred Heart (ISSH) Alumnus
University of Calgary Wrestling
Bachelor of Science in Electrical Engineering

Miki Rowbottom

With his 8th annual camp in Tokyo, Coach Spatola has made a name for himself in the Kanto and Far East by having life-changing impacts on many of the participants of this camp and producing a number of Far East champions and medalists. This year, the camp will also welcome, Miki Rowbottom, Canadian women's national team member, as a special assistant coach. With over 30 years of experience, Spatola Wrestling has become a household wrestling name in Greater Cincinnati, producing top class wrestlers such as 2024 Olympian, Mason Parris, and he has worked with world class wrestlers & coaches such as world champion, Logan Stieber and Olympic champion, Kyle Snyder. His Spatola Classics wrestling tournament attracts over 1,200 wrestlers every year. On top of his high-quality coaching of technique and conditioning, his approach to teaching the value of education, mentality, and success in life is unparalleled. The camp is for all boys and girls who want to jump levels and gain confidence, pride, and skills to become a high-achieving individual on and off the wrestling mat.

Camp Information & Registration

- Dates :** December 19, 20, 21 and 22, 2026
- Location:** St. Mary's International School, Multi-Purpose Hall (South Campus B1)
- Price:** 29,000 yen per wrestler (Early-bird discount 24,000 yen for registration and payments by Nov. 30) (Excluding the online store transaction fee)
- Schedule:** 8:30 – report (MPH)
9:00 - 11:30 - morning workout
11:30 - 13:00 – lunch (bring your own)
13:00 - 15:30 - afternoon workout
- Requirements:** Campers must bring plenty of workout clothes for the day, at least 2 towels for showers, wrestling shoes, headgears (optional), lunch, water bottle, and any medication if needed. Blankets, pillows, sleeping bags, can also be used to rest/take a nap during the lunch break. The camp is for middle and high school students. All campers will go home after the day. Participants who are not middle or high school students, but wish to participate, please contact Shu Yabui (camp organizer)
- Registration:** All registration & payment due by December 17 | Non-refundable
See steps for registration & payment below
- Contact:** Shu Yabui (St. Mary's coach/Camp organizer) at yabuis@smis.ac.jp
-

Registration Steps:

1. Complete the registration form from [THIS LINK](#) . The form is also available on <http://www.titanswrestling.org/forms/> and from the QR code:



2. After the form is submitted, make the camp payment by Nov. 30 for the early registration discount and by Dec. 17 for regular registration online at <https://titanswrestling.stores.jp/> (when purchasing, please write the wrestler's name as the buyer's name and enter his/her home address to be only used for emergencies)